

Wellbeing afternoon  
Wednesday 27th November 1.30-6pm

Minibus transport included  
Led by local host volunteer

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# Peak District Social Walk

**Wednesday 27th November  
1.30-6pm**

## **Meet 1.30pm**

Minibus pick up & drop off  
Mercure Hotel, Surrey Street  
Sheffield City Centre



## **Session to include:**

1½ -2 hour group walk  
Beautiful & rugged National Park  
Chance to connect with friends & colleagues  
To include Stanage Edge  
Fantastic views of Hope Valley (weather permitting!)  
Stop at Peak District pub

## **Wellbeing/social afternoon**

Thank you for expressing interest in the SIVA pre-conference wellbeing activities. We're excited by the numbers wanting to join us. Sign up now to secure your place!

We have organised a medley of sessions aiming to provide options for differing tastes. We hope you will sign up, experience some different aspects of wonderful Sheffield, and enjoy an afternoon to remember.

## **Walk details**

This is an easy to moderate difficulty walk, with some uneven ground and slight elevation. We'll head along the base of Stanage Edge to admire it from below, before climbing up through Stanage Plantation onto the ridge and making our way back along the top of the edge, hopefully taking in the glorious view as the sun sets over Hope Valley. (Might be wet and cloudy, but fingers crossed!!)



## Minibus

For simplicity, we have hired a minibus and driver from a local company to collect participants from the city centre and transport to the walk start point. This will be about a 20 minute journey.

In addition, the minibus will collect after the walk, include a stop-off at a Peak District pub, and then drop back in the city around 6pm

## Costs:

We will cover the cost of mini bus  
Individuals to cover own drinks in pub

## Weather

November weather can be very variable  
Whilst we hope for clear sky and sunshine, it may well be cool and wet!

We hope that will not dampen spirits and that you will still come and enjoy some time and fresh air in the great outdoors!

If the weather is truly terrible, sense will prevail and we may cancel.....

## What to wear

Please bring sturdy walking shoes/boots  
Warm and waterproof clothing  
Drinks and snacks

## Terms & conditions; Disclaimer

Please note that this activity has been organised by the local team, on an informal basis, and is not part of the official SIVA conference.

As such, individuals join the activity with full knowledge and consent, that they do so at their own risk and there is no liability attributable to the SIVA organisation, or to the individuals who have arranged the activity.

Your local host is not a professional guide and is not personally responsible for your health & safety, that of your equipment, or third parties you may interact with. This must be your own responsibility.

They will "lead" the walk only in terms of showing the group the route.

Please ensure you are capable of undertaking a walk of this kind and are able to keep yourself safe throughout.

Note: Places will be allocated on a first come, first served basis. We'll be in touch with final details for the allocated group

